

Day	9am – 12pm (inc. break)	Lunch (12 – 1pm)	Afternoon activities & excursions (from 1pm)
Mon 6	English classes		Shore Surf, beach games and time on Gwithian Beach <i>Surf school with Shore Surf – learn to surf with the fantastic instructors at Shore Surf. There will be plenty of time for beach games and time to relax and stroll along the beautiful Gwithian Beach as well!</i>
Tues 7	English classes		An afternoon in Truro <i>Visit Cornwall’s capital city, Truro. We will visit the Royal Cornwall Museum, see the cathedral and spend time exploring Truro’s shops.</i>
Wed 8	English classes		Shore Surf, or option for a day out in Falmouth <i>Surf school with Shore Surf – learn to surf on Gwithian Beach with the fantastic instructors at Shore Surf. Or, spend the afternoon exploring the beautiful seaside town of Falmouth.</i>
Thur 9	English classes		Watersports with Elemental UK, or Glendurgan Gardens and the pub <i>A fun watersports session on Swanpool Beach. Or, enjoy the amazing sub-tropical gardens and find your way through the famous maze at Glendurgan before a mini-coast walk to the Ferryboat Inn.</i>
Fri 10	English classes		Lanhydrock House & Gardens <i>One of Cornwall’s finest houses and gardens. This house has a grand and dramatic history with many parallels to Downton Abbey (the TV series) – plus, there are some wonderful gardens to explore.</i>
Sat 11	Surfing in Newquay, or option for a coast walk from Holywell <i>We will take you to surf on Fistral Beach, one of the UK’s most famous surfing beaches. Alternatively, join our coast walk to see part of Cornwall’s famous South West Coast Path. You will follow the scenic trail from Holywell to Crantock including its medieval church & pub.</i>		
Sun 12	Relaxed day in Falmouth - tennis, beach time and the Games Room <i>After such a busy week, it’s nice to have a quiet Sunday. Play tennis at Gylly or hang out on the beach. Alternatively, head to the Games Room to enjoy some music, playing pool and shuffleboard.</i>		

